

Reasons to Call

If at any time during your pregnancy you are in an accident, have surgery or experience illness, please call the nurse triage line as soon as possible.

1st Trimester (0-12 weeks)

- ANY VAGINAL BLEEDING
- Chronic or persistent vomiting – 3 or more times a day
- Persistent or recurring abdominal pain
- Moderate to severe abdominal cramping
- Chills or fever above 100.5 degrees F
- Urinary signs and symptoms including: Frequency, urgency and pain with urination

2nd Trimester (12-28 weeks)

Signs & Symptoms of Preterm Labor:

- Increase in pelvic pressure
- Four or more uterine contractions in one hour
- Any leaking fluids from the vagina
- ANY VAGINAL BLEEDING

Signs & Symptoms of Pregnancy Induced Hypertension (PIH):

- Sudden or severe swelling in the face, hands or feet.
- Headache not relieved by Tylenol
- Visual changes such as: Blurriness, large color spots appearing before the eyes, or loss of vision.
- Stomach pain not relieved by TUMS

Urinary Signs & Symptoms:

- Frequency or urgency
- Painful urination

Decrease in the quality or quantity of fetal movement.

3rd Trimester (28-40 weeks)

- Signs and Symptoms of Preterm Labor as described above
- Signs and Symptoms of Pregnancy Induced Hypertension (PIH) as described above including significant INCREASE in weight gain
- Decrease in quality or quantity of fetal movement

Signs & Symptoms of Labor:

- Contractions every 3-5 minutes that last 60 seconds for a period of 1-2 hours.
- Rupture of membranes, vaginal bleeding or bloody show.