

## Reasons to Call

If at any time during your pregnancy you are in an accident, have surgery or experience illness, please call the nurse triage line as soon as possible.

### 1<sup>st</sup> Trimester (0-12 weeks)

- ANY VAGINAL BLEEDING
- Chronic or persistent vomiting – 3 or more times a day
- Persistent or recurring abdominal pain
- Moderate to severe abdominal cramping
- Chills or fever above 100.5 degrees F
- Urinary signs and symptoms including: Frequency, urgency and pain with urination

### 2<sup>nd</sup> Trimester (12-28 weeks)

#### Signs & Symptoms of Preterm Labor:

- Increase in pelvic pressure
- Four or more uterine contractions in one hour
- Any leaking fluids from the vagina
- ANY VAGINAL BLEEDING

#### Signs & Symptoms of Pregnancy Induced Hypertension (PIH):

- Sudden or severe swelling in the face, hands or feet.
- Headache not relieved by Tylenol
- Visual changes such as: Blurriness, large color spots appearing before the eyes, or loss of vision.
- Stomach pain not relieved by TUMS

#### Urinary Signs & Symptoms:

- Frequency or urgency
- Painful urination

Decrease in the quality or quantity of fetal movement.

### 3<sup>rd</sup> Trimester (28-40 weeks)

- Signs and Symptoms of Preterm Labor as described above
- Signs and Symptoms of Pregnancy Induced Hypertension (PIH) as described above including significant INCREASE in weight gain
- Decrease in quality or quantity of fetal movement

#### Signs & Symptoms of Labor:

- Contractions every 3-5 minutes that last 60 seconds for a period of 1-2 hours.
- Rupture of membranes, vaginal bleeding or bloody show.